



FEMALE HORMONE IMBALANCE

The female hormone imbalance test is a blood test that checks your 4 key female hormones- oestrogen, progesterone, FSH and LH, along with other important biomarkers that can cause a hormone imbalance, such as thyroid markers. Checking for a hormone imbalance can help you find the cause of symptoms like fatigue, weight gain, acne, irregular periods and fertility issues. It can also help you check and monitor your hormone levels when using hormone replacement therapy (HRT).

Biomarkers

- Follicle Stimulating Hormone (FSH)
- Free Androgen Index
- Luteinising Hormone (LH)
- Oestradiol (Oestrogen)
- Progesterone
- Prolactin
- Sex Hormone-Binding Globulin
- Testosterone (Total)
- Thyroid Stimulating Hormone (TSH)
- Thyroxine (T4 free direct)
- Triiodothyronine (T3 free)

How Does it Work?

Our blood test service has been planned to help you proactively manage your health.

Your sample will either be taken via a finger prick test or venipuncture dependent on the type of screening you have requested. Once your sample is taken it is sent off to a UCAS and ISO15189 accredited laboratory and typically your results are back within 48 hours for us to discuss either back in clinic or via a video consultation.

Simply book your appointment with us, **we will need 48 hours' notice before you attend our clinic for your test and some tests must be taken at certain times.** We will then have everything ready on the day to take your blood sample.

Please feel free to book a free consultation where we can take the time to discuss what test is best suited for what you would like to achieve from your personal screening, alternatively send us a message telling us what screening you would like to have so we can then arrange it at an appropriate time to ensure we have the correct screening test and are able to ensure we can get your samples to the laboratory in a timely manner.

You can email us at jenna@fallonaesthetics.co.uk or message on 07907 005255