



THYROID HEALTH

Our thyroid health check is a blood test measuring T3, T4 and TSH levels thereby providing a comprehensive insight into your thyroid health. The sample can be collected at home using our finger-prick blood test kit and offers an affordable alternative to in-clinic private thyroid tests. Results will be reviewed by our team of healthcare professionals and available on your personal online dashboard within days.

It is thought that 1 in 20 people in the UK will experience a thyroid disorder in their lifetime, yet many people with such disorders don't even know they have them. Typical symptoms of an underactive thyroid (hypothyroidism) or an overactive thyroid (hyperthyroidism) can include weight gain or loss, tiredness, muscle weakness and low moods.

However, these symptoms could be caused by any number of other things too, so the best way to identify any potential problem is with a thyroid function blood test. Our home thyroid blood test kit will measure the three main markers recommended by the British Thyroid Foundation to identify problems:

Thyroxine (T4)

Triiodothyronine (T3)

Thyroid Stimulating hormone

It is advisable not to check thyroid levels during times of illness as thyroid function blood tests may not be accurate during such time.

Biomarkers

- Thyroid Stimulating Hormone (TSH)
- Triiodothyronine (T3, free)
- Thyroxine (T4, free direct)

How Does it Work?

Our blood test service has been planned to help you proactively manage your health.

Your sample will either be taken via a finger prick test or venipuncture dependent on the type of screening you have requested. Once your sample is taken it is sent off to a UCAS and ISO15189 accredited laboratory and typically your results are back within 48 hours for us to discuss either back in clinic or via a video consultation.

Simply book your appointment with us, **we will need 48 hours' notice before you attend our clinic for your test and some tests must be taken at certain times.** We will then have everything ready on the day to take your blood sample.

Please feel free to book a free consultation where we can take the time to discuss what test is best suited for what you would like to achieve from your personal screening, alternatively send us a message telling us what screening you would like to have so we can then arrange it at an appropriate time to ensure we have the correct screening test and are able to ensure we can get your samples to the laboratory in a timely manner.

You can email us at jenna@fallonaesthetics.co.uk or message on 07907 005255