



VITAMIN B12 (ACTIVE)

Check your active vitamin B12 levels with our quick blood test.

This B12 blood test measures the active form of B12 specifically (as opposed to total B12). This is the most accurate way to measure your available level of vitamin B12 and is the best early indicator of any possible deficiency.

Vitamin B12 (along with folate) plays an essential role in the formation of red blood cells and also has an important role to play in nerve health. The human body does not produce its own vitamin B12, so it has to be absorbed through diet.

Low levels of this essential vitamin can leave you feeling tired and weak while prolonged deficiency can also lead to anaemia.

Biomarkers

- Active B12

How Does it Work?

Our blood test service has been planned to help you proactively manage your health.

Your sample will either be taken via a finger prick test or venipuncture dependent on the type of screening you have requested. Once your sample is taken it is sent off to a UCAS and ISO15189 accredited laboratory and typically your results are back within 48 hours for us to discuss either back in clinic or via a video consultation.

Simply book your appointment with us, **we will need 48 hours' notice before you attend our clinic for your test and some tests must be taken at certain times.** We will then have everything ready on the day to take your blood sample.

Please feel free to book a free consultation where we can take the time to discuss what test is best suited for what you would like to achieve from your personal screening, alternatively send us a message telling us what screening you would like to have so we can then arrange it at an appropriate time to ensure we have the correct screening test and are able to ensure we can get your samples to the laboratory in a timely manner.

You can email us at jenna@fallonaesthetics.co.uk or message on 07907 005255